Performance of Noise Barriers for the Night Time Operation of a Rail-freight Terminal

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Abstract
The operation of a Rail-freight Terminal can have many processes associated with the loading and unloading of containers that generate noise of an intermittent or impulsive nature. In particular the use of reach stackers can make it difficult to justify nighttime operation when assessing the perceived L_{Amax} levels against the current WHO criterion. This paper examines modelling the real time performance of a noise barrier scheme around an urban rail freight terminal in the UK Midlands. It considers the typical noise signature of a train arriving unloading and departing. It also examines the processes involved in aggregate handling and the use of reach stackers and swing-through cranes for container transportation. It also covers the measurement validation of the model and the installed permanent monitoring system for the operating site. Using the model, the worst case combination of transient noise sources was deter mined. The barrier design was then optimised and specified to meet World Health Organisation (WHO) Guidelines for Community Noise and BS 4142: The Rating of industrial noise in a mixed industrial area.

TELFORD RAILFREIGHT NOISE MODEL

A detailed noise model was constructed for the Rail-freight Terminal in Donnington near Telford, Shropshire in the UK. This study was carried out on behalf of Telford and Wrekin Council with regard to the Regulatory Framework, the Environmental Protection Act 1990, the Town & Country Planning Act 1990 and the Telford Local Plan 1995-2006.

The noise model was used to determine the acoustic viability of the fully operating site, by assessing the predicted noise impact of a typical arrival and departure of a freight laden train realistically combined with all the active processes involved in the unloading and processing of the freight containers and transported aggregates.

The first objective would be to construct a detailed three dimensional acoustic computer model of the site and surrounding location to demonstrate how noise would spread across the site itself to the surrounding neighbourhood. At the same time detailed noise measurements were taken of the existing site that could be incorporated into the noise model to help determine the current varying background noise levels for the most affected property facades.

Because of the nature of the noise, it would be necessary to model each specific noise source separately in terms of their magnitude, duration and location. By considering actual operational activities, these sources were then combined into the model for different worst case scenarios. “Snapshot” noise maps were then produced to quantify and illustrate the different stages of a typical rail-freight event.

Noise Mitigation
The model was then used to assess the impact of rail-freight noise on local residents with regard to the most relevant environmental noise guidance and standards given in the Protection Acts at the time and to determine the best practical means of reducing the noise impact on site through the installation of an appropriate noise barriers scheme and through achievable on site operational controls that would suit all parties. All proposed measures would assume best practice. In other words, they would be realistic and proportionate to the noise impact of the site.

These mitigation measures were then incorporated into the noise model for each of the different “Snapshot” scenarios to show how they would provide sufficient protection to meet the noise requirements. It also would serve to demonstrate where, with best practice, these requirements would only be met subject to specific operational controls and limits being adhered to.

BACKGROUND TO THE SCHEME

Telford & Wrekin Council constructed the new railway terminal at Donnington in Telford, Shropshire. The proposed build process would include:

- The reinstatement of approximately 4 km of single line railway, along the former Wellington to Stafford route.
- The construction of a Railfreight Terminal adjacent to the MOD site at Donnington.
- The development of a 360,000 sq foot high bay distribution warehouse by a private sector developer.
- The development of 2-3 smaller warehousing units of maximum floor area 90,000 sq ft by the Council’s Asset & Property Development Portfolio.
The Telford Railfreight Terminal (TRT) is located in the North of Telford next to existing manufacturing and warehousing facilities in Hadley Park, Hortonwood Industrial Estates and MOD Donnington.

The project had been promoted through a Transport & Works Act Order (T&WO) which has the effect of creating a statutory railway. The application for the Order was made to the Department for Transport in July 2003 and was approved by the Secretary of State for Transport in April 2005. The T&WO contains specific reference to noise levels and stipulates mitigation measures.

The design of the plant had undergone many changes and configurations. This noise model was constructed prior to the plant being built and was highly complex and cumulative in its nature being wholly representative of the final operational terminal design. All previous environmental impact reports and acoustic designs previously commissioned to assess noise within the TRT were therefore deemed to either be outdated because of changes in the terminal configuration and proposed operations or inadequate in that they only considered specific noise sources in isolation.

GUIDELINES AND STANDARDS CONSIDERED

According to the Environmental Planning Act 1990, the Town & Country Planning Act 1990 and the Telford Local Plan 1990, the noise model was used to assess noise levels against the most appropriate standards at the time. In this application these would be:

- World Health Organisation (WHO) Guidelines for Community Noise
- BS 4142: 1997: The Rating of Industrial Noise in a Mixed Industrial Area
- Planning Policy Guidance 24 (PPG24) (Referenced in the Policy statement EH6 of the Telford Local Plan)

World Health Organisation

The World Health Organisation Guidelines for Community Noise provides guidance in appropriate noise levels for residential properties. Typically the WHO considers that general daytime outdoor noise levels of less than 55 dB L_{Aeq} (16hr) is desirable to prevent significant community annoyance. During the night the condition is more stringent requiring noise levels outside a bedroom window of no more than 45 dB L_{Aeq} (8hr). There is also a requirement that the Maximum noise level: L_{A,max} (measured at the resident’s window) should not exceed 60 dB at any time during the night to minimise sleep disturbance.

The WHO guidelines only consider the impact of the maximum noise level L_{A,max} during the night-time. Whilst residents may complain about sudden impulsive noises during the day, the WHO guidelines provide no specific guidance for its assessment with regard to day-time L_{A, max} levels. Daytime Impactive operations in the Rail-freight terminal would therefore not be covered.

BS4142: 1997

BS4142: 1997 Method for Rating Industrial Noise Affecting Mixed Residential and Industrial Areas, is a method of assessing the level of public nuisance due to industrial noise, in order to determine the likelihood or validity of a noise complaint. The specific noise level or L_{Aeq} measured noise at a resident’s home, generated by an industrial plant is compared to the background noise level in the area.

This study does not in fact apply BS4142 in its strictest sense. The rail-freight terminal does not fit the typical scope of the standard. More correctly, this study provides an assessment against ambient noise conditions in accordance with BS4142:1997.

For night time measurements between the hours of 2300 and
0700, BS4142 requires $L_{\text{Aeq}}$ levels to be averaged over 5 minute intervals. For intermittent noise sources, the average $L_{\text{Aeq}}$ noise level should not exceed the background noise level by more than 5 decibels. For relatively continuous sources the exceedence rises to 10 dB. During the daytime, the assessed $L_{\text{Aeq}}$ level is averaged over 1 hour intervals.

In the case of an arriving freight train, the general process is not really intermittent although some of the associated activities: shunts, clatters and bangs would be classified as intermittent.

PPG24

PPG 24 would normally be applied to assess the suitability of a site for residential development. Potential developments would be categorized for suitability or for potential mitigation based on their predicted noise levels. In this instance, the houses are already present and PPG 24 does not directly apply. In this scenario the key noise levels in PPG 24 match the requirements of the WHO guidelines in any case.

In 2012 PPG 24 was deleted as part of UK National Planning Policy Framework (NPPF) however it remains a requirement under the policy statement EH6 of the Telford Local Plan.

BACKGROUND NOISE MEASUREMENTS

Noise Measurements were therefore taken over a 5 day period from 22nd to 27th November 2007 at the back of a property directly adjacent to the line of the new railway and close to the site boundary. Measurements were taken using 01-dB type SIP95 integrating real time noise analysers in weather proof protection casing.

Measurements were started on the Thursday afternoon 22nd November and continued over the weekend through to Tuesday afternoon 27th November. The aim was to obtain data that was representative of daytime and nighttime for both weekday and weekend conditions.

The overall daytime and nighttime $L_{\text{Aeq}}$ values are given in Tables 1 and 2 for both weekday and weekend conditions.

From these it is immediately apparent that current levels show very little difference between weekday and weekend conditions.

Table 1: Summary of $L_{\text{Aeq}}$ Noise Measurements

<table>
<thead>
<tr>
<th>$L_{\text{Aeq}}$</th>
<th>WEEKDAY</th>
<th>WEEKEND</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAY (0700-1900)</td>
<td>56</td>
<td>54</td>
</tr>
<tr>
<td>EVE (1900-2300)</td>
<td>54</td>
<td>51</td>
</tr>
<tr>
<td>NIT (2300-0700)</td>
<td>47</td>
<td>47</td>
</tr>
<tr>
<td>MIN (0700-2300)</td>
<td>52</td>
<td>-</td>
</tr>
<tr>
<td>MIN (2300-0700)</td>
<td>43</td>
<td>-</td>
</tr>
</tbody>
</table>

Background noise for residents prior to the rail freight terminal being built was dominated by traffic on the adjacent A518 Hortonwood Bridge Road. The traffic noise ensured that background noise levels remain relatively high. Background noise measurements, together with the road traffic loadings were used to model the daytime and night-time road traffic activity. This enabled a baseline noise model to be produced of the current site with no rail-freight development in place.

Once the development is built the background noise level would potentially change due to presence of new site buildings and warehouses. With no site activity these would provide some protection from the traffic noise on the Hortonwood Bridge Road. Once the proposed noise barrier system is built, this would have the effect of considerably reducing the background noise by masking the residents from the road. When no trains are running this improves the environment but it also has the adverse effect of making the trains more noticeable when they do pass.

METHODOLOGY

Computer Software

In order to assess the impact of the noise from the rail freight terminal being transmitted to adjacent properties, the three dimensional computational package Mithra was used. Mithra allows for precise acoustic modelling of particular noise sources: road, rail traffic or industrial sources of noise. This can be done either using specifically prescribed sources or by using generated point, line and surface sources that best represent typical train arrival and unloading events.

It shows how the noise interacts with adjacent buildings, taking into account different ground conditions and topography. Mithra allows for sources to be modelled in terms of their magnitude, location, duration and frequency content. The large variation of options allows the sources to be represented as realistically as possible in the model.

With regard to noise barrier design, Mithra, uniquely compared to other leading noise modelling packages allows for performance variation in terms of both sound absorption and air-borne sound insulation. This enables barriers to be ‘tuned’ for optimum efficiency for noise mitigation giving Mithra an aspect of quality control not afforded by other packages.

Train Source Definitions

At Telford, a typical rail-freight train unloading event is defined by 10 separate movements associated with the arrival, manoeuvring, unloading and departure of the freight train.
Most of these sources were associated with the moving locomotive and their duration would be based on an assumed fixed locomotive speed of 5 miles per hour and a total train length of 500 metres. In contrast, the uncoupling, re-coupling events were assumed to occur over a short time duration based on measurements taken at a similar terminal site. The total duration from arrival to departure is modelled to last just over 1 hour in the following general pattern:

### Unloading Source Definitions

The second “set of sources” is associated with the container unloading operation. During the day-time, this would be carried out by a reach stacker, at night the operation would be carried out by a swing thru crane. In both cases the operation would be assumed to commence once the locomotive has departed. Both the crane and the reach stacker operate in a confined location. The reach stacker moves between the train where it picks up a container and then transfers it to a stack to unload and move on. The crane would transfer the container directly from the train to a waiting truck:

### Other Sources

Other sources included in the noise model were:
- Container HGV Movements along site roads
- Bulk Traffic (for Aggregates and Concrete) – daytime only
- HGV Movements associated with Warehouse development
- Fork Lift Operations
- Aggregate Handling - daytime only
- Concrete Batching Plant – daytime only

For the model most of these sources are assumed to operate continuously whilst the freight train is moving through the terminal and whilst the reach stackers are operating. The exceptions would be the Aggregate Handling, the Concrete Batching plant and associated HGV movements that would only occur in the day.

The quantity of Vehicular movements on site was provided by Telford and Wrekin Council as was data for the Aggregate Handling and Concrete Batching Plant.

### NOISE ASSESSMENT AND BARRIER DESIGN

For both day-time and night-time conditions, in all 15 separate movement scenarios were modelled representing the time-slices of a complete train arrival, unloading, departure event. For each of these models, noise levels were predicted for the 98 most exposed properties. The complete event was then analysed in detail to obtain worst case values that could be assessed against WHO and BS4142 for daytime and night-time conditions.

Different noise barrier designs and combinations were then inserted into the model and the same calculation was carried out to determine the level of noise mitigation afforded by the scheme.

### Operational Controls

Where it was apparent that further noise mitigation may be required, operation control measures were proposed whose impact on noise could be quantified. These were proposed in discussion with the train operator and Telford and Wrekin Council.

### DISCUSSION OF RESULTS

#### Dominant Sources

From the study, it was immediately apparent that in terms of the L_{eq}, not surprisingly, the train movement was the dominant source. In terms of sudden impulse noise, the Reach Stacker dominated during the day due to the sudden “clang” of picking up and stacking a container. In contrast, the general HGV movements were of a lower order. This was also true at the access ramp to the roundabout where HGV traffic was servicing both the transport of Freight and Aggregate and the smaller warehouse development. At night-time, the crane operation was...
much quieter than the reach stacker and would only dominate when the feet clanged back into place.

**WHO Assessment (no noise barriers)**

Referring to the WHO guidelines, the agreed daytime noise limit for external (ground floor) living areas was 55 dBA $L_{Aeq}(16hr)$. With no barriers in place, 89% of the 98 properties assessed would exceed this level in the daytime however the assessment was carried out for the $L_{Aeq}$ for the duration of the train event which was about 1 hour in duration rather than 16 hours. Since the $L_{Aeq}$ is time averaged, this value should be adjusted to take into account the majority of the time when no activity would take place.

According to the WHO guidelines, the night-time noise limit at bedroom facades is 45 dBA $L_{Aeq}(8hr)$. With no barriers in place, 100% of the 98 properties assessed would exceed this level based on first floor façade noise predictions.

**WHO Assessment (with noise barriers)**

With the proposed barrier scheme installed, the daytime WHO noise limit of 55 dBA $L_{Aeq}(16hr)$ for external (ground floor) living areas, would now be exceeded by 38% of the 98 properties assessed. Again, this was based on a 1 hour averaged $L_{Aeq}$ rather than 16 hours. Since the $L_{Aeq}$ is time averaged, this value should be adjusted to take into account the majority of the time when no activity would take place.

With the proposed barrier scheme installed, the night-time WHO noise limit of 45 dBA $L_{Aeq}(8hr)$ at bed-room facades, would now be exceeded by 73% of the 98 properties assessed.

However, it was also noted that the predicted night-time background noise only falls below the 45 dBA level for 2 hours of the night. In other words, the fact that for most of the night that WHO limit would never be met was due to the background noise level.

**Ambient Assessment (no noise barriers)**

Interpreting BS4142, the freight train acts as a continuous dominant source. As such there is no need to apply the BS4142 5dB correction.

During the daytime, without barriers, the predicted worst $L_{Aeq}(1hr)$ for all 98 properties was assessed and of these, 19% were found to exceed the predicted background noise level by 10dB or more. Complaints from these properties would be only of marginal significance. However, it was also confirmed that the limitation of reach stacker operations be allowed at night, the resultant $L_{Amax}$ levels would almost certainly result in justifiable complaints.

**PROPOSED OPERATIONAL CONTROLS**

With the barriers in place, the following operational controls were proposed to provide further mitigation:

**Limiting Reach Stacker Activity to the Daytime**

According to this study most of the primary noise sources are containable by barrier protection or operational control. However it was also confirmed that the limitation of reach stacker activity to daytime only was the correct one. Should reach stacker operations be allowed at night, the resultant $L_{Amax}$ levels would almost certainly result in justifiable complaints.

**Semi-Permanent Container Barrier**

At any time there would be about 400 containers on site. Typically according to the operator, a minimum of 10% would be stacked and stored. This gives the potential for a semi permanent barrier to be built to protect properties exposed to the operations of the reach stacker. 40 containers could create a barrier 240 metres long and 6 metre high.

Should there be any future allowance for reach stacker operations at night, this measure could be further enhanced by requiring the container barrier to be stacked and unstacked during the day, but left untouched during the night to ensure the barrier is not disturbed but offers the greatest protection.

A further measure could be to examine whether the reach stacker could be limited to only lifting containers of the train at night and placing them on the ground or straight onto a lorry. This would result in “clangs” occurring at a lower height which may receive greater protection behind the semi permanent wall. This is unlikely to remove the problem of the Reach Stacker at night but it may reduce the problem.
Aggregate Handling Confined to the Far West-ern End of the Track

Part of the barrier scheme would be to install a barrier section in front of the aggregate handling bay. The aggregate handling activity had been confined to the far western end of the unloading track section though this was primarily to restrict the spread of aggregated dust rather than merely being a measure to contain the noise.

Aggregate Handling and Concrete Batching Treated as Daytime Activities Only

It was also proposed that the aggregate handling and concrete batching be confined to daytime activity. This was already assumed in the model and analysis.

Restrict Train Arrivals during the Night

From an acoustic point of view, it would be beneficial to advise train operators for trains to arrive outside of the hours of 2.00 to 5.00 am. With regard to the ambient noise assessment this would reduce the number of properties that exceed the predicted background noise level by 10 dB or more from 26% to only 6%. It was however noted that this could be too restrictive to be practical for the operator.

Furthermore, by restricted the operator to 1 train per night, this would ensure that the $L_{A_{eq}}$ (8hr) WHO night time noise is “dampened” down by 4-6 dB.

IMPACT OF THE PROPOSED OPERATIONAL CONTROLS

WHO Assessment

These measures together with the proposed noise barriers system would result in reducing the number of properties that exceed the WHO daytime limit from 38% to 19%. Furthermore, all of the properties would then be within 1 dB of the background level so this should constitute a best practice solution.

Similarly, although 73% of properties would still be exceeding the night-time WHO limit, they would all be within 1 dB of the background level so again this should constitute a best practice solution.

Ambient Noise Assessment

The proposed noise barrier scheme is already predicted to provide sufficient reduction with regard to BS4142 daytime conditions.

For night time conditions measures would also result in reducing the number of properties that exceed the background noise level by 10 dB from 26% to 6%. However it should be noted that these 26% properties are behind the new combined bund-barrier. The only reason that they are predicted to exceed the noise limit in the ambient assessment is that construction has the effect of significantly reducing the background noise from its original level. If compared with current back-ground levels, none of the properties would exceed background by 10 dB or more.

WHO $L_{A_{max}}$ Assessment

By restricting reach stacker operations to the day-time and resorting to the use of the swing thru crane at night, the intrusive night-time WHO $L_{A_{max}}$ limit would not be breached.

BARRIER DESIGN AND SPECIFICATION

Three separate noise barriers were proposed as part of the complete noise mitigations scheme, though one of these sections, in front of the warehouse was dependent on further site developments and to date has not been constructed.

The barriers scheme has been based on an acoustic performance specification rather than on any specific material construction.

Primary Barrier Bund Combination

The main barrier comprises a 580 m long, 2.0 m high absorptive barrier on top of a 3 m high Gabion/Bund. For simplicity of build, the barrier would be situated 1.0 m back from the face of the bund to ensure its foundations are not set into the gabion itself.

This 5 metre high barrier provided the main protection for the majority of the properties most exposed to the noise of the rail-freight terminal.

Secondary Aggregate Barrier

A second barrier section was built in front of the aggregate handling zone, which comprised a 240 m long, 3.0 m high basic reflective fence. This would primarily serve as a security barrier being too distant from the reach stacker operations to provide any meaningful protection.

Absorptive Barrier Specification

In the absence of any robust specification standards for noise barriers for rail, the absorptive barrier on top of the gabion/bund was specified with reference to the Specifications standard for road traffic noise reducing devices: EN 14388:2005.

Referring to this standard and with regard to the acoustic performance, the barrier was specified for sound absorption in accordance with EN 1793-1 and for airborne sound insulation in accordance with EN 1793-2. Both of these test standards refer to and use the normative spectrum for road traffic noise given in EN 1793-3 so care was taken to ensure that the barrier performance in this study related to the noise spectra of the rail-freight terminal.

The absorptive barrier was certified as B3 in accordance with EN 1793 Part 2 and certified as A3 in accordance with EN 1793 Part 1

PERMANENT NOISE MONITORING SYSTEM

Installing a permanent noise monitoring system was a required planning condition for the rail-freight terminal. Two Bruel & Kjaer type 3639E Noise Monitoring Terminals (NMTs) were installed which could be operated centrally and remotely at a computer workstation via cable or GSM.

Each NMT consists of a weather-proof cabinet containing a noise-level analyser, a bracket for pole mounting, and an outdoor microphone. The system was self-calibrating and was able to process and collate noise data for long term storage.
The NMTs were positioned at the boundary of the Telford Rail-freight Terminal, the first (BK-1) at the western end overlooking the track and installed above the gabion / noise barrier. The second (BK-2) was positioned at the far eastern end of the Terminal close to the boundary of the freight unloading bay.

VALIDATING THE MODEL AND THE NMTS

With the permanent noise monitoring system in place it was necessary to validate the noise levels recorded by the NMTs and at the same time validate the reliability and accuracy of the Mithra noise model on which the noise mitigation scheme had been founded.

Validation concentrated on measuring the noise levels of a stationary rail-freight locomotive engine using the installed B&K NMTs in permanent position. These were compared to the noise levels measured by independent noise meters simultaneously positioned in the vicinity of affected housing.

BK-1 and BK-2 were validated separately. In each case, the stationary locomotive source noise was monitored at a distance of 10 metres and measurements taken at the NMT and at an affected house.

This scenario would then be duplicated using the Mithra noise model and the resultant predicted noise levels compared to the actual measurement data as a means of further validation.

For each validation, the model was "tuned" to the source noise level of the locomotive and the levels at the NMT and affected house predicted and compared to the measurement.

In both cases the B&K NMTs measured levels within 1dB of those predicted by the model and within 2dB at the closest affected houses.

SETTING THRESHOLDS FOR THE NMTS

With the NMTs and model validated it was possible to produce transfer functions relating the noise levels measured by the NNMTs and the noise levels modelled at the same positions.

The NMT's could therefore be incorporated into the noise model for the rail-freight unloading cycle. This could then be used to set threshold levels for the different required assessment criteria at the Noise Monitoring Terminal positions.

Example: Ambient Criterion Threshold

For example, for daytime conditions for the ambient assessment criterion to be exceeded the maximum $L_{Aeq}(1\text{hr})$ noise level during the train event would need to exceed the background noise by more than 10dB.

For daytime conditions, the modelled scenario shows a highest exceedence at 30 Stanmore Road at the western end of 4dB over background. This corresponds to a noise level at BK-1 of 67dB. Should the level of the train noise rise by 7 dB, the noise level at 30 Stanmore Road would theoretically exceed the background by 11dB thus breaching the ambient criterion. This would correspond to a noise level at BK-1 of 74dB. Taking into account the result of the validation exercise, this gives a final threshold level for BK-1 of 73dB for daytime ambient noise.

REFERENCES

[1] BS4142: 1997 Method of rating industrial noise affecting mixed residential and industrial areas. BSI, 389 Chiswick High Road, London UK W4